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Newsletter #8
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EDITORIAL

The first rule in journalism is that what is news is a human biting a dog, not the other way around. So, when a few months ago I read in the front page of a free newspaper the following headline: "An elected official demands a seat [in a bus] by kicking [another elected official]" I thought that the journalist knew the job. We all agree that elected officials are supposed (unfortunately just supposed!) to be role models for the community they represent.

What bothered me were the two first sentences of the accompanying article: "The scene could have been in a school bus. But instead of a turbulent teenager, he is an elected official..." Does this mean that this is how teenagers behave? That it is normal for them to do such things? That they are *turbulent* by definition? That adults do not do such things? (obviously the answer is yes, at least if you are an elected official) Why do teenagers have such a bad press?

While we try to answer these questions, let us remember that teenagers need us as advocates.

NEWS

Journée adolescence 2018: sold out!



On June 7th we held the *Journée Adolescence* in collaboration with the Institute of Psychology and the Faculty of Social Sciences/LIVES. Like every year, we set the limit of participants to one hundred. We finally had an attendance of 112 and a waiting list... The fact that we were presenting the first results of the long awaited **Sexual health and behavior of young people in Switzerland** (see below for more information) probably helped, but all the workshops and the closing conference by Prof. Marie-Aude Boislard from the Department of Sexology at Université de Québec à Montréal (*Comprendre le développement psychosexuel des jeunes : Défis, bénéfices et réalités contemporaines*) were highly appreciated by the participants.

Save the date for next year: 6 June 2019!

2

National survey on sexual health and behavior of young people in Switzerland



The report Sexual health and behavior of young people in Switzerland has been published in the collection Raisons de Santé (Number 291) and can be freely downloaded from the website of the Institute of Social and Preventive medicine (www.iumsp.ch).

Best Poster Prize for our Research Group

Yara Barrense-Dias, research manager and PhD candidate at the Research Group on Adolescent Health, won the Best Poster-Short Oral Presentation Prize at the [International Multidisciplinary Symposium on Gambling](#) held in Fribourg (Switzerland). Her poster was entitled: *Is at-risk gambling related to the financial situation?*. Data were taken from the GenerationFree study, an ongoing longitudinal study on gambling among students and apprentices in the canton of Fribourg.



UPCOMING EVENTS

1st European Transition Symposium – 14 September 2018, Lausanne University Hospital, Auditoire Tissot. [Information](#).

14 SEPTEMBER 2018 - 8:00-17:00
1st EUROPEAN TRANSITION SYMPOSIUM
 We are delighted to organize the first European Symposium on Transition that will take place at the Lausanne University Hospital. Transition from pediatric to adult care for adolescents with chronic illness has been a growing theme of interest in clinics as well as in research for the past 3 decades. A wealth of literature has come out on the subject and many transition programs have arisen. However, everyone has been doing it very much independently from one another. Now the time has come to put our knowledge and expertise together. The aim of this symposium is to gather experts in transition from around Europe in order to share experiences and think together on where to go from now. We are looking forward to welcoming you in Lausanne!
 Symposium & Idealgig: Professionals working with children and/or adolescents with chronic illness (educators, nurses, psychologists, physicians, researchers, social workers, teachers, etc.), wishing to develop or implement a transition program in their clinic, or to share their experience in transition; Students undertaking a masters or PhD on the subject of illness, conditions/transition.
 Prof. Joan Carles Sureda Drs. Christian Akle
 IUMSP - Institut universitaire de médecine sociale et préventive
 Centre Hospitalier Universitaire - MAJOLIS LAUSANNE - Auditoire Tissot - CHUV

3rd International Summer course on children and adolescents with chronic illness – 12-14 September 2018, University of Lausanne. [Information](#).

21st European Regional IAAH Conference and III National Conference in Adolescent Health, “Equal opportunities for healthy development for all adolescents” 3-5 October, 2018, Chisinau Moldova: [Information](#)

Excellence in Pediatrics Conference 2018, 10th Edition, Prague, December 6-8. [Information](#).

2019 Annual Meeting of the Society for Adolescent Health and Medicine (SAHM). Washington, March 6-9, 2019. [Information](#)

PUBLISHED ARTICLES

Berchtold A, Meyer T, Suris JC, Taushanov Z. **Development of somatic complaints among adolescents and young adults in Switzerland**. Swiss Journal of Sociology 2018. 44 (2): 239-2

3

Sedentary behaviour

Bringolf-Isler B, de Hoogh K, Schindler C, Kayser B, Suggs LS, Dössegger A, Probst-Hensch N; SOPHYA Study Group. **Sedentary Behaviour in Swiss Children and Adolescents: Disentangling Associations with the Perceived and Objectively Measured Environment.** Int J Environ Res Public Health. 2018 May 4;15(5). pii: E918. doi: 10.3390/ijerph15050918.

The authors report that a high perceived safety was associated with less sedentary behavior time (SBT). Boys, those whose residential neighbourhood was characterized by dead ends in urban areas, a low main street density in the neighbourhood of children and greenness were less likely to exhibit SBT. The association of the objective environment with the respective parental perceptions was low and no significant mediating effect was found for the perceived environment. They conclude that for land-use planning to reduce sedentary behaviour objective environments should be complemented with efforts to increase parental sense of security.

Chaba L, d'Arripe-Longueville F, Lentillon-Kaestner V, Scoffier-Mériaux S. **Adaptation and validation of a short French version of the Drive for Muscularity Scale in male athletes (DMS-FR).** PLoS One. 2018 May 3;13(5):e0196608. doi: 10.1371/journal.pone.0196608. eCollection 2018.

Hepatitis B coverage in migrants

Fougère Y, El Houss S, Suris JC, Rouvenaz-Defago S, Miletto D, Von der Weid L, Willen F, Williams-Smith JA, Gehri M, Crisinel PA. **High coverage of hepatitis B vaccination and low prevalence of chronic hepatitis B in migrant children dictate a new catch-up vaccination strategy.** Vaccine. 2018 Jul 16;36(30):4501-4506. doi: 10.1016/j.vaccine.2018.06.010.

The authors conclude that post-vaccine serology may be used to identify a high proportion of individuals in their pediatric migrant population with previous immunization for hepatitis B (HB). Their study also showed extremely low prevalence of chronic HB. No variable could definitively determine the results of serology. Post-vaccine serology represents the most effective strategy in this context of high vaccine coverage.

HPV vaccination

Jacot-Guillarmod M, Pasquier J, Greub G, Bongiovanni M, Ahtari C, Sahli R. **Impact of HPV vaccination with Gardasil® in Switzerland.** BMC Infect Dis. 2017 Dec 22; 17(1):790. doi: 10.1186/s12879-017-2867-x.

The low proportion of vaccine-type HPV in 18-year-old females and its rapid decrease in young women participating to cervical cancer screening extend the success of HPV vaccination to Switzerland. Data suggest that cervical cancer screening is now entering a stage of reduced proportion of HPV16 and/or 18 in samples reported positive by cytology. In view of the high likelihood of reduced clinical specificity of cytology, primary screening modalities involving HPV testing and cytology should now be re-evaluated in Switzerland.

Labhart F, Livingston M, Engels R, Kuntsche E. **After how many drinks does someone experience acute consequences? Determining thresholds for binge drinking based on two event-level studies.** Addiction. 2018 Jun 19. doi: 10.1111/add.14370. [Epub ahead of print]

Laimbacher J. **Umfassende Behandlung von Adipositas im Kindes- und Jugendalter.** Praxis (Bern 1994). 2018 Jan;107(2):77-85. doi: 10.1024/1661-8157/a002872.

Meynard A, Bideau M, Jacquier C, Klauser P. **[Continuity of care from pediatrician to general practitioner in Switzerland: a practical**

approach]. Rev Med Suisse. 2018 May 9;14(606):966-970. French.

Reinberg A, Reinberg O, Mechkouri M, Touitou Y, Smolensky MH. **Daily, weekly and annual patterns in children's accidental sport injuries.** Chronobiol Int. 2018 May;35(5):597-616. doi: 10.1080/07420528.2018.1459664.

Follow-up of care in cancer survivors

Roser K, Baenziger J, Mader L, Christen S, Dehler S, Michel G. **Attendance to Follow-Up Care in Survivors of Adolescent and Young Adult Cancer: Application of the Theory of Planned Behavior.** J Adolesc Young Adult Oncol. 2018 Jun 20. doi: 10.1089/jayao.2018.0010. [Epub ahead of print]

Positive attitudes and supportive social norms were associated with higher intention to attend follow-up care, and higher intention was associated with actual follow-up care attendance. Increasing awareness of the importance and benefits of follow-up care not only among survivors but also family, friends and healthcare professionals may help increase follow-up care attendance among AYA cancer survivors.

Paediatric end-of-life care

Zimmermann K, Cignacco E, Engberg S, Ramelet AS, von der Weid N, Eskola K et al. **Patterns of paediatric end-of-life care: a chart review across different care settings in Switzerland.** BMC Pediatr. 2018 Feb 16;18(1):67. doi: 10.1186/s12887-018-1021-2.

The study provides a wide-ranging overview of current end-of-life care practices in a real-life setting of different healthcare providers. The inclusion of patients with all major diagnoses leading to disease- and prematurity-related childhood deaths, as well as comparisons across the diagnostic groups, provides additional insight

and understanding for healthcare professionals. The provision of specialised palliative and end-of-life care services in Switzerland, including the capacity of community healthcare services, need to be expanded to meet the specific needs of seriously ill children and their families.

REPORTS

Barrense-Dias Y, Akre C, Berchtold A, Leeners B, Morselli D, Surís JC. **Sexual health and behavior of young people in Switzerland.** Raisons de Santé (291. Lausanne: IUMSP)

Barrense-Dias Y, Berchtold A, Suris JC. **La problématique des jeux d'argent chez les jeunes du canton de Fribourg 2017- 2018: résultats transversaux et longitudinaux : rapport intermédiaire.** Lausanne, Institut universitaire de médecine sociale et préventive, 2018 ([available online](#)).



**We wish a good start of the
academic year!**

Our [website](#)