



International summer course

Children and adolescents with chronic illness

including a focus on transition from pediatric to adult care

August 30th - September 2nd, 2016

Target audience

Professionals working with children and/or adolescents with chronic illness (educators, nurses, psychiatrists, psychologists, physicians, researchers, social workers, teachers, etc.)

Dates and schedules

- Tuesday, August 30th, 2016
8:15-17:30
- Wednesday, August 31st, 2016
8:30-17:30
- Thursday, September 1st, 2016
8:30-17:00
- Friday, September 2nd, 2016
8:30-12:30

Course venue

EPFL Campus, Lausanne,
Switzerland

Certification

A certificate of participation will be delivered at the end of the course.

Organization

- Institute of Social and Preventive Medicine (IUMSP)
Division of Chronic Disease*, Lausanne University Hospital (CHUV) & Faculty of Biology and Medicine (FBM), University of Lausanne (UNIL)
- Institute of Social Sciences (ISS), Faculty of Social and political sciences (SSP), University of Lausanne (UNIL)
- LIVES (Swiss National Centre of Competence in Research)

* www.iumsp.ch/dmc

Overview

Given the growing population of children and adolescents with chronic illness, the care provided to this vulnerable population needs to be improved to meet their somatic and psychosocial health needs **and those of their families**. This international course **given in English** will cover a wide range of themes linked to chronic illness such as mental health, **limited autonomy**, or therapeutic education. **To** help adolescents with chronic illness reach their full potential, **it** appears crucial to improve transition from pediatric to adult care. Transition will be the special focus of the 2016 course, **and** themes **such** as transfer readiness, transition programs, parents in transition, or transition in obesity and restrictive eating disorders **will be covered**.

Objectives

- **Get** a broad view on the issues affecting children and adolescents with chronic illness
- **Be able to better take into account the specific needs of children and adolescents**, as well as those of their families.
- **Acquire** an international perspective on effective and concrete transition programs (from pediatric to adult care).

Children and adolescents with chronic illness

Register on www.formation-continue-unil-epfl.ch/en

Course fee

CHF 900.- (lunches included, as well as a gala dinner)

Registration deadline

June 15th, 2016

Places are limited to 25.

Programme Directors

- **Prof. Joan-Carles Suris**,
IUMSP, CHUV & UNIL, Lausanne
- **Dr Christina Akre**,
IUMSP, CHUV & UNIL, Lausanne
- **Prof. André Berchtold**,
ISS, UNIL, Lausanne

Teaching approach

This course will gather some of the main Swiss and European experts in children and adolescents with chronic illness and transition. **This participatory training will bring participants** the broadest insight on these subjects while using their own professional experience.

Contacts

For questions about the course :

Joan-Carles.Suris@chuv.ch or
Christina.Akre@chuv.ch



Programme*

Day 1

- *Morning presentations* : Chronic illness : An overview | Chronic illness and mental health | Chronic illness in special situations
- *Afternoon workshops (choose 2)* : Research with adolescents with chronic illness | Parents of adolescents with chronic illness | Adherence to treatment

Day 2

- *Morning presentations* : Adolescents with chronic illness and risk behaviors | Patient satisfaction in chronic illness | Reproductive needs in adolescents' chronic illness
- *Afternoon workshops (choose 2)* : Presenting your own research on adolescents with chronic illness | Adolescents **with limited-autonomy** | Therapeutic education

Day 3

- *Morning presentations* : Transition : An overview | Coordinating pediatric and adult services | Parents in transition
- *Afternoon workshops (choose 2)* : Transition in obesity and eating disorders | Assessing transfer readiness | Transition in mental health

The course of day 3 will be followed by a gala dinner.

Day 4

- *Presentations* : Examples of transition programs: strengths and pitfalls | Transition in chronic illness : where are we going to ?

** May be subject to change*



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